



Worksheet 3

Linking Career Goals to EU Opportunities

Discover how European programmes and initiatives can support your development and help you achieve your goals



Discover Yourself



Explore Careers



Find EU Opportunities



Generate Project Ideas



Plan Your Project



Build Your Action Plan

A My career goal

My preferred career pathway is:

Why does this career interest me?



B What do I want to achieve?

- | | | | |
|--|--|---|--|
| ☐ Study abroad | ☐ Meet new people | ☐ Develop technical skills | ☐ Improve employability |
| ☐ Gain work experience | ☐ Develop leadership skills | ☐ Build my CV | <input type="text"/> Other:

_____ |
| ☐ Volunteer internationally | ☐ Start a business | ☐ Participate in projects | |
| ☐ Improve language skills | ☐ Travel around Europe | ☐ Learn about other cultures | |

C EU opportunities explorer

My goal		Possible EU opportunity
Study abroad		Study, train or take part in exchanges in Europe and beyond.
Volunteer		Volunteer on projects that make a difference in communities across Europe.
Travel		Travel across Europe, discover new places and learn about European cultures.
Find work abroad		Find job opportunities and support for working in Europe.
Start a business		Learn from experienced entrepreneurs and develop your business ideas.
Develop skills		Join training courses to develop new skills and competences.



D Which opportunities interest me most?

- 1) _____
- 2) _____
- 3) _____

F Am I eligible?

Things I need to check:

Age requirements

Application deadlines

Funding availability

Country eligibility

Travel time

Other: _____

Language requirements

Partner organisation

H My EU opportunity profile

My career goal:

EU opportunity I would like to explore:

First step I will take:

E Opportunity investigation

Opportunity I want to explore:

What does this programme offer?

Why does it interest me?

G My opportunities action plan

What can I do next?

Action	Deadline
Visit the programme website	__ / __ / __
Contact a youth organisation / member	__ / __ / __
Attend an information session or webinar	__ / __ / __
Prepare my application	__ / __ / __
Other action: _____	__ / __ / __

Opportunity spotlight

Erasmus+



- study
- training
- exchanges
- internships

European Solidarity Corps



- volunteering
- community projects

DiscoverEU



- travel Europe
- discover cultures
- make friends

EURES



- finds jobs
- work in Europe
- career support

Erasmus for young entrepreneurs



- entrepreneurial exchange
- learn from experts
- grow your business

